

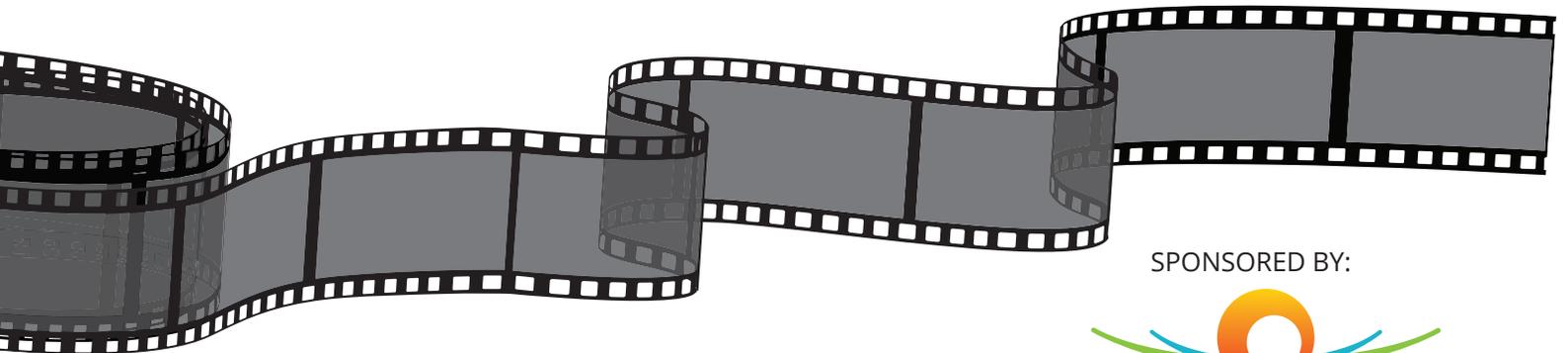
2019   
**MENTAL  
HEALTH  
FILM FESTIVAL**

Wednesday, Oct. 23, 2019

6-9 p.m.

Regal UA Snowden Square Theater

9161 Commerce Center Dr., Columbia, MD 21046



SPONSORED BY:



**One evening.  
Four films.  
Hundreds of community members who care about  
mental health.**

Join the Horizon Foundation for the 2019 Mental Health Film Festival, an event to build awareness and compassion for members of our community living with mental health challenges.

Attend one of four film screenings, each followed by a time for attendees to reflect, ask questions and connect with others. Hear from local experts including psychiatrists, crisis counselors, social workers, youth, school system staff and people sharing their own experiences and journeys with mental health.

This event is FREE. Registration is required.

**LEARN MORE & REGISTER FOR YOUR FREE TICKET: <http://bit.ly/2019MHFF>**

Please register for only ONE film to ensure all have a chance to attend.

# 2019 Mental Health Film Festival Selections

Each film will be followed by a time for reflection, questions and discussion with local experts such as psychiatrists, crisis counselors, social workers, youth, school system staff and people sharing their own experiences and journeys with mental health.

## BOY INTERRUPTED

Dana and Hart Perry share the intensely personal story of their son Evan, who from a young age had intense mood swings and often talked about ending his life. Step into the shoes of this family as they share their experience with Evan's bipolar disorder and eventual suicide with home videos and interviews with relatives, friends, doctors and teachers. As professional filmmakers, the Perrys made extensive personal films and videos of the family, but never suspected that their footage of Evan – taken from the moment of his birth throughout childhood and adolescence – would end up becoming the primary source material for this moving account of living with a serious mental illness.



## DARK SIDE OF THE FULL MOON

Having a baby is supposed to be the happiest time of your life. But what if it's not? Each year, 1.3 million women in the U.S. struggle to find support and treatment for post-partum depression and other perinatal mood disorders. Two women, Jennifer Silliman and Maureen Fura, both with firsthand knowledge of this challenge, came together to give a face and a voice to the countless women who suffer in silence. With the help of Dr. Shoshana Bennett, they produced a documentary film, uncovering disconnects within the medical community to effectively screen, refer and treat these women.



## NOT ALONE

Driven by a desire to understand why her best friend died by suicide at 16, Jacqueline Monetta asks teens to share their struggles with mental illness and suicide attempts. Through her intimate teen-to-teen conversations, Jacqueline and the audience learn about depression, anxiety, self-harm, suicide attempts, getting help and treating mental illness. Each teen paints a vivid picture of the depths of despair he/she suffered and how talking about it saved them. They assure the audience that mental illnesses, like physical illnesses, can and should be treated.



## WE ARE NOT DONE YET

This film tells the story of 10 U.S. veterans who come together in hopes of battling their traumatic military pasts through the art of written word. Grappling with PTSD, the "warrior poets" share fears, vulnerabilities and victories that eventually culminate into a live performance of a collaborative poem under the direction of actor Jeffrey Wright. In the process of creating their poetry and rehearsing for the performance, these individuals build a new-found tribe in one another, allowing them to share hidden truths about their intimacy with war, death and trauma. *Note: this screening will be followed by a short workshop with participants in the Community Building Art Works program featured in the film.*



*Note: Films can include strong language and discussions of intense themes (substance use, abuse, war, suicide, etc.). These films reflect real life experiences, and so viewers are advised to review the film content, watch the movie trailers and use their discretion in making ticket choices.*

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